

Course Number

ADA-010-01

Course Description

An introduction to the basic techniques of classical ballet. Each class incorporates proper body alignment, balance and self-awareness of the classical form. Students learn ballet technique and style by combining a barre warm-up, centre phrases, and across-the-floor combinations.

Academic Term

21/SP

Instructor

Geren, Christine

Location & Meeting Time

Henle Dance Pavilion-DANS M 05:30PM-06:30PM

Credits

0.00

Capacity

10

Total Students

9

Additional Information

[http://www.union.edu/academic\\_depts/theater\\_dance/](http://www.union.edu/academic_depts/theater_dance/)

Academic Department

Dance

Field Of Study

Dance (ADA)