Course Number
ADA-010-01

Course Description

An introduction to the basic techniques of classical ballet. Each class incorporates proper body alignment, balance and self-awareness of the classical form. Students learn ballet technique and style by combining a barre warm-up, centre phrases, and across-the-floor combinations.

Academic Term
21/WI

Instructor
Geren, Christine

Location & Meeting Time
Henle Dance Pavilion-DANS M 05:30PM-06:30PM

Petition
N

Credits
0.00

Capacity
10

Total Students
10

Course Link
http://www.union.edu/academic_depts/theater_dance/

Academic Department
Dance

Field Of Study
Dance (ADA)