Course Number
ADA-010-01
Course Description
An introduction to the basic techniques of classical ballet. Each class incorporates proper body alignment, balance and self-awareness of the classical form. Students learn ballet technique and style by combining a barre warm-up, centre phrases, and across-the-floor combinations.
Academic Term
22/FA
Instructor
Geren, Christine
Location & Meeting Time
Henle Dance Pavilion-DANS M 05:00PM-06:15PM
Credits
0.00
Capacity
12
Total Students
11
Academic Department
Dance
Field Of Study
Dance (ADA)