

Course Number

ADA-010-01

Course Description

An introduction to the basic techniques of classical ballet. Each class incorporates proper body alignment, balance and self-awareness of the classical form. Students learn ballet technique and style by combining a barre warm-up, centre phrases, and across-the-floor combinations.

Academic Term

22/SP

Instructor

Geren, Christine

Location & Meeting Time

Henle Dance Pavilion-DANS M 05:00PM-06:15PM

Credits

0.00

Capacity

12

Total Students

14

Academic Department

Dance

Field Of Study

Dance (ADA)