Course Number
ADA-010-01

Course Description
An introduction to the basic techniques of classical ballet. Each class incorporates proper body alignment, balance and self-awareness of the classical form. Students learn ballet technique and style by combining a barre warm-up, centre phrases, and across-the-floor combinations.

Academic Term
22/WI

Instructor
Geren, Christine

Location & Meeting Time
Henle Dance Pavilion-DANS M 05:00PM-06:15PM

Credits
0.00

Capacity
12

Total Students
9

Academic Department
Dance

Field Of Study
Dance (ADA)