Course Number ADA-030-01 Course Description

This contemporary form focuses on gaining an in depth understanding of how the body moves, proper placement, alignment, and flexibility. This class explores different ways of using organic and creative movements, the floor and traveling through space.

Academic Term 20/WI Instructor Cawley, Laurie Location & Meeting Time Henle Dance Pavilion-DANS TH 05:00PM-06:15PM Petition Ν Credits 0.00 Capacity 16 **Total Students** 20 Additional Information http://www.union.edu/academic\_depts/theater\_dance/ Academic Department Dance Field Of Study Dance (ADA)